

# The Woman's Club of Winter Park, Inc.



## October 2024 HIGHLIGHTS

President: Natalie Hill  
CO-VP: Chris Bush  
CO-VP: Linda Rinker  
Club Office: 407-644-2237

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### President's Column

At last, we are ready for the new year of club meetings. The 2024-25 calendar of programs and luncheons is done, and we look forward to seeing many new faces like those met at the Membership Tea. The Hospitality leaders are all scheduled, and we will start out each month celebrating the birthdays of each member. In our gathering this week we honor those born in August, September and October.

Last month at our Board Meeting we learned that our President Elect, Linda Rinker was going to step down at the end of this year due to health reasons and planned surgery. I have appointed Chris Bush to step up and be her co-Vice President until April when she will run for President for 2025-26. Both ladies will assist each other with their current responsibilities in the meantime.

As I was a co-Editor of the yearbook last year with Barbara Hughes, I have still been working with her for our new directory. She has the input for the first 30 pages that contain history, officers, chairmen and committees. Next, we will be doing the member section with photos and lists of names, addresses, and contact information. We urge all those of you who have not had your picture taken to please send a headshot to Barbara at [barbarahughes954@gmail.com](mailto:barbarahughes954@gmail.com).

October has five Thursdays, so mark your refrigerator calendar and get out your "Tea Wear" and be ready to join us at the Club to see new and familiar faces and catch up with the past months of summer vacation. As the saying goes, "It's Showtime at the Woman's Club of Winter Park."



*Natalie Hill*, President

## Historian

Without a doubt, *A Message To Women*, dated June, 1926, is one of my very favorite historical gems from the Woman's Club of Winter Park Archives. I have shared it in the past, but I feel that with all that is going on in our club, in our community, and in our country, it is well worth sharing again with our members and friends. Although we are no longer members of the General Federation of Women's Clubs, this is still beautifully written and incredibly relevant in 2024.



Every single sentence and every powerful phrase speaks to me. Every paragraph stays with me. Individually, we may strongly disagree about important things, including each person's interpretation of the message, but we are part of a precious Woman's Club of Winter Park sisterhood. And yes, that includes our valued male co-workers, family members, and friends.

As the author writes, "I believe in women. I believe also in men. I have faith...."

So, together in friendship and with respect, and especially as Americans, let us do our "share to steady the rocking world."

**Kim Mould,  
Historian**

## House and Gardens

Welcome Back!! Our Fabulous Fall lineup is all about Treats, no Tricks in sight!  
As House Chair, I've been honored to have a front row seat.

Each and every Committee and Staff member has united in a single goal to help open The Woman's Club of Winter Park's 110th Season to outshine all others. Our weekly program offerings, community outreach events, and lots of TLC for our Grande Old Lady are just a few of the planned projects and activities that will take place here within our Historical House and Gardens this Year.

Please Keep your October Highlights handy so you don't miss out, jump on board, one and all, together we can make a difference and have lots of fun and fellowship along the way.

I also have the pleasure of Chairing this year's extra special Fall Luncheon "Welcome New Members and Remembering Our Dear Rose" on Thursday, October 17th beginning at 11:30 a.m. Please see attached flyer/invite for details. We would also love to include any special moments or pictures you've had with Rose and would like to share or be a part of the planning for this occasion, please contact me. Rose was such a mentor to so many of us!

**Karen Rodda, House Chair  
Call or Text 407.276.1843**

## Membership

Many thanks to all of you that attended the Membership events! It wouldn't be successful without you! At Tuesday night's event, there were 15 members present & no guests. At Thursday's tea, there were 51 members present and 10 guests. Hopefully some of those 10 will join. There are 19 new members since January 2024. We will be giving them a special welcome at our Fall luncheon. They will be receiving special invitations via email containing a "We'd Like To Get To Know You!!" card, they may share at the luncheon.

I would like to thank those people that helped with the set-up and take down. Many hands make light work! Lindsay Pelosa and Lucy McDonough were in charge of Tuesday night's event and provided salads, sandwiches, desserts, wine & punch. Board members provided the cookies & sandwiches for the Thursday tea. Please make a concerted effort to attend as many of our programs as possible as we have some outstanding programs planned. It's going to be a great year!

If any of you need a new name tag, the replacement cost is \$10. If you've lost a magnet, or the backing has come off, please let me know. I can repair most name tags.

## Happy OCTOBER Birthdays



Kristy Dunlap-Piecuch 10/3  
Cecilia Slavish 10/5  
Sue Luongo 10/8  
Karen Rodda 10/9  
Susan Talcott 10/17  
Bette Blanchfield 10/29  
Betty Wanielista 10/29  
Laura Jensen 10/30

**Chris Bush,  
Membership Chair**

## Charitable Giving

**The Salvation Army Christmas Stockings have arrived!** Please pick up your stocking(s) at the Thursday meetings in October. The deadline to return your filled stocking(s) is November 1st. Please remember to submit your receipts.

The Winter Park Rotary Club runs a food pantry at Killarney Elementary. There are 82 homeless children who take food home every week! The Rotary Club needs used plastic grocery bags (double bagged) to assist with this program. Please bring **bags only** to the meetings each week. Jan Bowman will take them to Killarney Elementary.

### Looking ahead...

In November, we will once again participate in the **Adopt-A-Family Program**, collecting Christmas gifts for families at The Meadows, a Winter Park Housing Authority facility. The Christmas wish lists will be available at the November meetings, with gifts (and receipts) to be returned to the Club early December.

Lucy McDonough,  
Charitable Giving Committee Chair

## Programs

# OCTOBER 2024



### Welcome Back

**Western Themed Hoe- Down- Dress**

**Thursday, October 3 - 2PM**



**President Natalie will host this Party filled with Games and Prizes!! Join the fun and dress for the occasion. But wait-No Cowgirl gear?...no worries, we've got you covered. Just come and pick out a Bandana, you won't want to miss the fun and fellowship. We are so happy to be back and we can't wait to see you!**

**Thursday, October 10 - 2PM**

**DEMO w/ Le Cordon Bleu Chef Susan Ytterberg**



**Chef Susan's Topic:**

Cooking with Plants, Flowers, Seeds & Proteins

This demo/lecture will discuss how to incorporate herbs, flowers and seeds into our cooking whether you enjoy meats & fish, or are a vegan/vegetarian.

Recipes Shared: Each Participant will Receive a Copy of these recipes

Salmon encrusted with Black & White Sesame Seeds with ginger sauce & Chives

Garlic Noodles with Green Onions & Sesame Oil

Lavender Shortbread Cookies

Roasted Sweet Potato & Black Bean Dip with Avocado Lime Sauce with Tostones



**MEET: Chef Susan Ytterberg**

Chef Susan Ytterberg is a professionally trained Chef from Le Cordon Bleu and is a Certified Food Manager in Safe Food Handling. Susan works weekly with private clients and professional athletes cooking their meals and also Chefs dinner parties and cooking classes.

Her company Golden Plum Personal Chef Services provides culinary services offering personal chef weekly cooking for private clients, cooking classes, dinner parties, corporate team building events, and corporate health fairs.

Chef Susan has been recognized as a top “Women in Food” Chef in 2021 by Edible Orlando Magazine and this past Summer of 2023, was featured in Edible Orlando Magazine as a “Culinary Superstar”.

In addition to her Chef work, Susan is a published food writer for several magazines including Edible Orlando & Orange Appeal Magazines in Orlando. Susan has appeared as a guest on WESHNews TV and Empire internet radio and serves as President of the Orlando chapter of the USPCA, the U.S. Personal Chef Association.

Susan spent 25 years in the corporate world in legal staffing services leading to national roles & ultimately a Partner level position in her company before she took the plunge and went to Le Cordon Bleu! Susan graduated top of her class with a 4.0 GPA, in San Francisco and also worked as a Line Cook at Greens Restaurant, a top U.S. ranked vegetarian restaurant.

Web Site: [www.Golden-Plum.com](http://www.Golden-Plum.com)

Social Media: Instagram @ChefSusanYtterberg

**Tuesday, October 15 - 5:30pm**

**Happy Sweetest Day  
CALLING ALL Bakers**



We will be celebrating Sweetest Day with a BAKE OFF full of Sweet Desserts!

(we already have 9 Bakers with room for many more)

If you would like to participate, All Bakers –  
please text or call Lindsay (330)608-7159 by October 10<sup>th</sup>  
If you are not a Baker – please come and be a JUDGE and

Enjoy Dinner and around 10 Desserts!!

AMAZING PRIZES for 1<sup>st</sup> , 2<sup>nd</sup> and 3<sup>rd</sup> Place

**Thursday, October 17th - 11:30 AM**

**We are excited about this year's extra special**

## **FALL LUNCHEON**

**“Welcoming New Members and Remembering Our Dear Rose”**



Invitation with details will be sent separately.

We would also love to include any special moments or pictures you've had with Rose and if you would like to share or be a part of the planning for this occasion, please contact

Karen at 407.276.1843

Rose was such a mentor to so many of us!

**Thursday, October 24 - 2PM**

## **Three Inspirational Presentations**

### **MEET: Quilts of Valor-Display**

In December 2019, Marge Nix joined Melissa Mathews to form Central Florida QOV, a group which is part of the Quilts of Valor Foundation. The mission of the Quilts of Valor Foundation is to present healing, comforting quilts to active duty and living veterans touched by war.



Each group is funded with local donations. All quilts are pieced by group members and quilted by volunteer long arm service providers. Our group consists of about 50 quilters. We meet monthly at the Elks Lodge in Orlando to piece a quilt top or two and we also quilt at home.

The Quilts of Valor Foundation was started in 2003 by a Blue Star mom and quilter, Catherine Roberts. Since that time the organization has grown to include over 10,000 quilters in over 600 groups across the United States. As an organization, Quilts of Valor groups have presented close to 400,000 quilts in 21 years.

Each quilt costs between \$125-150 to make. The organization would gratefully accept monetary *donations*.

### **MEET: JOSH “Just Our Soldiers Helpers”**

Kathy Hewitt is the founder of Just Our Soldiers’ Helpers, more commonly known as JOSH. Just



Our Soldiers’ Helpers has shipped thousands of care packages to US Service Members who are deployed to remote overseas locations. JOSH is managed and operated by an all-volunteer staff.

Kathy and her husband, Dennis, reside in Lake Mary, FL. They realized the need for this service when their nephew whose name is Josh was deployed to Afghanistan in 2010. For the first few years of their mission, their home was the JOSH warehouse and office.

JOSH’s tagline is **“Bringing Smiles to Our Deployed Heroes, One Care Package at a Time.”**

JOSH hopes to send 200 Christmas care packages. Items that would be a huge help for the Christmas packing are individual size bags/packages of the following. Monetary donations are also greatly appreciated as there are many other items we will have to purchase for the packages.



**If you would like to help – please bring a few of these items to the meeting on Thursday Oct 24<sup>th</sup> at 2PM :** Famous Amos Cookies, Oreo Cookies, Kind Protein Bars Tic Tacs, Orbit Gum, Almonds or Cashews Skittles, M&M's

**Thank you in Advance!!!**

And last but not least please welcome....

**A Special Performance for The Woman's Club of Winter Park  
Contestants from The Ruby Holland Foundation  
2024 Series Music Competition**

**Performers:**

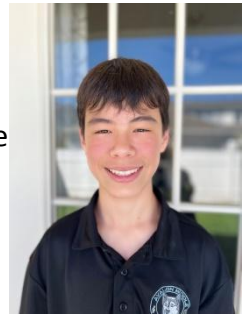
**MEET: FLORA LIU, Violin**

Flora Liu is a resident of Central Florida. She is a seven years old girl who started learning to play the violin and piano at an early age. She started piano when she was three and a half years old, and violin at four years old. She has performed in competitions in London, Vienna, New York Carnegie hall, as well as in Shanghai. While competing and performing, Flora has earned first, second and third places and has received special performance awards. Flora studies piano with professor Assel Jean Pierre, and this year, she competed in both violin and piano, Junior Division, in the Ruby Holland Foundation Virtual Music Competition, winning 1<sup>st</sup> place in violin and 2<sup>nd</sup> place in piano performance. What is evident in all of her performances, is that Flora is not only very talented, but she loves music, and totally enjoys performance.



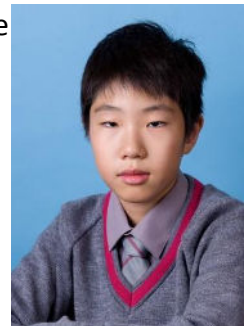
**MEET: JAYLEN KOMROWSKI**

Jaylen is also an Orlando resident. He is a fourteen-year-old high school freshman with a passion for music and sports. This year he competed in the RHFA International Music Competition, Intermediate Division, winning second place in piano performance. He has been playing piano since he was eight years old. While playing the piano has become one of his favorite hobbies, he also keeps active playing baseball and loves the teamwork and competition of the sport. When Jaylen is not on the field or at the piano, you can find him wakeboarding, embracing the excitement of being on the water. Jaylen currently studies piano performance with professor Assel Jean Pierre.



**MEET: DANIEL WANG**

Daniel Wang is twelve years old and lives in London. He began playing the piano at the age of five. His favourite composers are Chopin, Beethoven and Liszt. Daniel studies at Guildhall School of Music and Drama Junior department with Professor Maria Razumovskaya. He obtained distinction in ABRSM piano grade 8 exams in 2022, and was awarded first place at Blackheath Music Festival in the same year. In 2023, he received second place in North London Music Festival. In 2024, he was awarded first place in RHFA Music Competition, second prize in Munich Piano Competition and was selected to perform in the International Piano Competition "Merci, Marstro!". Daniel also enjoys playing golf and table tennis.





**Purpose:** This is a gratitude performance. The foundation is saying “Thank You” to The Club. The Charitable Giving Committee supports local non-profits. RHFA has received support from The Club for the past 7 years. All funding from The Club is directed towards budding musicians from the Central Florida community – Seminole and Orange counties respectfully.

Unfortunately, the only time this is possible is the month of October since this is when all our music competition winners are all in Central Florida. Entertaining our members for 15 minutes once a year is also a good way for students to give back.

## **RHFA 7<sup>th</sup> Annual Fundraiser Gala Concert, Sunday, 10-27-24 Performances**

**Purpose** is to not only raise funds to support our music education programs, but also celebrate and uplift our music competition participants.

### **Performance Program:**

#### *Part I - Annual Winners' Concert*

Winner contestants – piano, violin and bassoon performances

#### *Part II – Maestro performance*

Maestro performances – are performances by our resident jurors and master teachers from the RHFA Board of Jurors. Performing this year are Dr. Scott Pool, bassoonist, Dr. Michael Rickman and Professor Trio Jeng. An additional bonus this year is guest performer (all the way from Staten Island, New York and a 2024 Talis Fellows – Rosa Burke.

The foundation also gives opportunity for **all** its first-place winners to perform on the “Maestro Stage”. This is an added measure to build determination, and perseverance to continue work hard and focus in keeping with RHFA motto “ Gateway for Future Musicians”.



## **Thursday, October 31, 2PM**

### **HAPPY HALLOWEEN - Presentation and Costume Contest**

*-Come dressed for the occasion and win a prize-*

**SPEAKER: Author Lynn Schiffhorst will present a biography of Edgar Allen Poe**

Lynn Schiffhorst grew up in Manhattan, reading her way through the New York Public Library. She loved all the classic writers of an earlier era – Louisa May Alcott, L.M. Montgomery (who wrote the Anne of Green Gables series), Jane Austen, Charlotte Bronte and Arthur Conan Doyle. She read poems regularly even in childhood, particularly Edgar Allan Poe’s and Tennyson’s.

After college and graduate school, she became a high school English teacher in the Bronx, then moved to Florida, where she worked as a counselor, which became her second career. When she married Jerry Schiffhorst, an English professor at UCF, she went back to teaching, this time on the college level. Now that she’s retired as a counselor and a teacher, she’s back to reading poetry, American and European.

Lynn is a member of the Florida State Poets Association, which sponsors a group that meets monthly at the Maitland Public Library in person or on Zoom. The meetings are held at 6:30 on the third Thursday evening and are open to the public. She would love to see poetry-lovers from the Woman’s Club there!

